



With the *Reign of Terror* which established itself after the French Revolution in mind, G.F.W. Hegel wrote in his *Phenomenology of the Spirit*: *Virtue and terror reign now, for the subjective virtue which rules only out of our sentiment brings with it the most terrible tyranny. It exercises its power without judicial forms and its punishment is equally simple – death.*

Newsletter to the co-workers of the anthroposophic medical movement, Epiphany 2016



From left to right: 1. The sun begins to set in Dornach in December. 2. Colloquium on mistletoe therapy in Wagholi Pune, India, on 18.12.2015. 3. Christmas celebration at the Rudolf Steiner Institute in Brussels with ELIANT Alliance partners and staff. 4. Spherical-sound loudspeaker for near-natural audio quality of CDs (see News).

Dear friends,

To begin with, let me most warmly thank everyone who through emails, Christmas cards and many verbal greetings and good wishes once again made all of us in the Medical Section aware of the great, international and warm community in which we are privileged to do our work at the Goetheanum.

This Christmas was special in a number of different ways. For one, it was the mildest which many of us in Europe have ever experienced. Instead of darkness, wetness, fog and cold, and sometimes snow, a winter sun shone in the sky with temperatures of up to 17 degrees Celsius, spreading a golden glow over everything and creating a mood which showed in an outer picture what Christmas really wishes to become in the human soul: the birth and growing strength of soul warmth and spirit light. For the almost 60 million people who according to the UNHCR have had to flee their homes worldwide this was a particularly nice reception for all those arriving in Europe.

In the review of the past year, it was the dramatic approach of terrorist acts at the start and end of 2015 in Paris, and thus in a central location of Europe, which dominated. At the Goetheanum – in thinking of these events and the many positive initiatives and marks of human sympathy and willingness to help – we held a conference for members of the School of Spiritual Science in which we brought to mind the mantras of the 19 class lessons given by Rudolf Steiner. This relates to the path of initiation of the I towards its true spiritual identity and its connection with the nature of the higher hierarchies which enable and accompany human development towards freedom.

In the attachment we would like to send you a compilation of the medical meditations given by Rudolf Steiner as they can now be found in the chapter “The ‘breviary’ of the Medical Section” in the revised edition of our book *The anthroposophic medical movement. Responsibility structures and modes of working*, published on behalf of the *International Coordination of Anthroposophic Medicine/IKAM* by Rolf Heine and me. The reason to do so was the positive experience before Christmas at the fourth training week for anthroposophic medicine in Cape Town/South Africa at which this chapter was used by Friedemann Schad as the basis for his course on medical meditation.

This compilation came about as the result of the collaboration with the representatives of the various therapies in the IKAM collegium, which also led to the book. Our aim in the IKAM collegium at the time was to find a form – for those who want it – through which we can connect ourselves with the whole of the anthroposophical medical movement in a development-oriented weekly rhythm. Since then, most of us have cultivated this over many years and a group of co-workers in the anthroposophical medical movement, whom we do not know, has joined this endeavour for certain periods of time or continuously.

So let me bring it to your attention once more with all good wishes for your work in the coming year and warm New Year's greetings.

Yours, Michaela Glöckler

Other news

Slovenia integrates anthroposophic medicine in its health legislation: It happened in 2014 already but this positive news reaches us now. Information and contact: <http://www.nid-sapientia.com/#!sekcija-za-antropozofsko-medicino/c16be>

Approval of eurythmy therapy as a profession in complementary therapy recognised by Switzerland: We received this happy news in December from the Swiss Eurythmy Therapy Professional Association and would like to thank everyone who contributed to achieving this result.

World eurythmy therapy conference 2016: From 16 to 21 May 2016 the second international eurythmy therapy conference will take place at the Goetheanum. It is being organised in collaboration with the Young Medics Forum and is aimed not just at eurythmy therapists and physicians. Other professional groups with an interest in the field are also most warmly invited! After all, eurythmy and eurythmy therapy show a concrete way to study the etheric forces which can provide important support for all therapeutic professions.

We will discuss questions of research in eurythmy therapy and in the "Open space" there will be the opportunity to become acquainted with the various approaches and methods of working with eurythmy therapy which have been developed by colleagues and physicians over time. You can find additional information at: http://heileurythmie-medsektion.net/en/world-eurythmy-therapy-conference_2016

The Painting School at the Goetheanum has been renamed Rudolf Steiner Painting School and offers all further information on its newly designed website: <http://www.rudolf-steiner-malschule.ch>

Spherical-sound loudspeaker with therapeutic value: Good spherical-sound loudspeakers are able to reproduce natural acoustic sources (natural sounds, voices, acoustic instruments) authentically and are distinguished by also characterising the space in which they play through their high proportion of indirect sound. This means that they can for example support people to experience themselves spatially – at their own acoustic centre. High quality spherical-sound loudspeakers promote orientation and self-centring. That is why these loudspeakers are also appreciated for example by people with hearing impairment, with autism and by children. We would like to optimise this principle of spherical-sound loudspeakers for therapeutic and, as appropriate, clinical use and invite you to contact us so that we can together develop a solid overall concept for therapeutically effective spherical-sound loudspeakers. Contact Horst Bringewald and Dr. Johann Ablinger, info@bringewald.de, telephone: +49 (0)5623 94595440, Internet: www.bringewald.de

Book recommendations

Chiara Leonelli (ed.), Giuseppe Leonelli: *L'arcangelo Michele*. Aedel Edizioni 2015

Chiara Leonelli (ed.), Giuseppe Leonelli: *Libertà come risorsa in un'epoca di crisi*. Aedel Edizioni 2014

Hildrun Rolff, Harald Gruber (ed.): *Anthroposophische Kunsttherapie. Grundlagen und Aspekte*. EB-Verlag Dr. Brandt 2015

Rudolf Steiner: *Die Vorträge über das Innere der Erde*. Study edition with notes by Volker Siegfried Zielonka, Perseus Verlag 2015

Dates and events

15–16.1.2016 "Physiological and therapeutic aspects on the basis of Rudolf Steiner's spiritual science", seminar with Peter Selg, Michaela Glöckler and colleagues
<http://www.medsektion-goetheanum.org/EYED2/files/file/pdf/2016-PS-MG-DE-II.pdf>

17–24.1.2016 IPMT Santiago / Chile:
http://www.medsektion-goetheanum.org/EYED2/files/file/pdf_ES/Chile_Flyer_2016_span.pdf

7–14.2.2016 IPMT Buenos Aires / Argentina:
http://www.medsektion-goetheanum.org/EYED2/files/file/Flyer_Argentinien_2016.pdf